

Studying Tips Based on Multiple Intelligences (How You Learn)

Verbal Linguistic (Word Smart):

Word smart people are good with words, letters, and phrases. You enjoy activities such as reading, playing scrabble or other word games, and having discussions.

- Make flashcards for vocabulary AND key concepts (speak aloud when self-quizzing)
- Read textbook, notes (ones you took in class and ones provided), handouts, etc. (repeat if necessary)
- Take extra notes on tougher parts of chapter(s)
- Rewrite key concepts and definitions
- Orally summarize section to another person (peer, family member, etc.)
- Orally recite definitions and key concepts

Logical-Mathematical (Number

Smart): Number smart people are good with numbers, logic, and equations. You enjoy coming up with solutions to logical problems and figuring things out.

- Organize chapter notes into an outline (roman numeral style)
- Transform your notes into numeric charts, graphs, and tables
- Put information you receive into categories and classifications that you create
- Compare/contrast previously learned items with new concepts (rock cycle vs. carbon & nitrogen cycles)
- Formulate analogies to describe abstract or complex ideas
- Devise a mnemonic device to help remember methods or multi-faceted definitions/terms

Visual-Spatial (Picture Smart):

Picture smart people are good with art and design. You enjoy being creative, watching movies, and visiting art museums.

- Sketch pictures that go along with your notes or in the margins of your textbooks
- Draw a picture on a flashcard for each concept or vocabulary word you study
- Design charts, tables, diagrams, and/or other graphic organizers to organize and keep track of what you learn
- Picture images and scenarios in your mind to associate with different concepts and ideas
- Re-watch videos from class
- Make visual flash cards to study vocabulary and key concepts

Bodily Kinesthetic (Body Smart):

Body smart people work well with their hands. You enjoy physical activity such as exercise, sports, and outdoor work.

- Write concepts/terms down in your own words
- Act out the concepts you need to remember
- Look for real-life examples that demonstrate what you're learning about
- Utilize manipulatives and interactive web material to master difficult concepts
- Try studying while moving or exercising
- Use physical motions to articulate vocabulary and key concepts
- Draw or write things in the air as you think about them

Interpersonal (People Smart): Those who are people smart are good with relating to people. You enjoy going to parties, visiting with friends, and sharing what you learn.

- Discuss what you learn with a peer or family member
- Have someone quiz you before a quiz or test
- Create or join a study group
- Go over sample quiz or test questions with others
- Study with others (as long as you can all stay on-task!)
- Read about or watch videos on others' ideas on difficult topics (Google, YouTube, etc.)
- Share ideas about class topics with peers

Musical (Music Smart): Music smart people are good with rhythms and beats. You enjoy listening to music, attending concerts, and creating songs.

- Create a song, rap, or rhyme that will help you remember difficult concepts
- Listen to instrumental music while you study
- Remember vocabulary words by linking them to similar-sounding words in your mind
- Read text and notes aloud and repeat something when it doesn't make sense
- Try saying concepts or definitions aloud with your eyes closed

Customization: Talk to others who have similar learning styles to you and see what strategies work for them. Compile a list of strategies to try below (some of which may not be listed on this document).

Intrapersonal (Self Smart): Self smart people are comfortable with themselves. You enjoy being alone to think and reflect.

- Find a place to study alone where you won't be interrupted (avoid group studying)
- Study in quiet places (unless your musical intelligence is high, in which case listening to light instrumental music while you study may be helpful)
- Talk to yourself or an inanimate object about key concepts
- Complete, reflect upon, and correct assignments, classwork, and study guides by yourself
- Take online practice quizzes that you can self-check
- Keep a daily personal journal on what you learn

Naturalistic (Nature Smart): Nature smart people enjoy learning about the world of plants and animals. You generally like science and enjoy learning outdoors if the weather suits it.

- Try to be in or near nature when studying
- Try to connect vocabulary to nature
