## Planner Practice

## Materials

- Chart paper, markers, and tape
- Sample Planner Handouts (one for each student)


## Preparation

- Draw out two large versions of the Planner Handout with some activities written in. Write additional activities on post-it notes and place them around the edges of the larger planner. Post these two large planners next to each other where everyone can see.
- *I've attached examples of how our planners turned out after doing this activity with $11^{\text {th }}$ grade boys in Motivation \& Study Skills Group.


## Part 1

- Divide students into two teams. Each team member will take turns choosing an activity/responsibility and placing it somewhere on the planner. Teams will have to decide how much time they want to devote to each activity. Do they want to spend 1, 2, or 5 hours studying for their US History test, which is coming up on Friday? Do they want to study all at once or break up that time into 30-minute study sessions throughout the week?
- It is helpful to set a time limit on this activity, or else students could spend a very long time on it.


## Part 2: Post-Activity Discussion

- Identify differences between the two planners and the impacts of each team's decisions.
- Here's one example of different choices the students could have made:
- If one team put all their homework/study time in one big block, then they would probably get burnt out on studying.
- If on team waited until the night before the test to start cramming, then they would probably be tired and stressed when the test came.
- If one team didn't study at all, then they would probably do poorly on the test.
- Distribute Sample Planner Handouts and challenge students to use the planner this week if they have trouble managing their time or remembering assignments.
THIS WEEKS FOCUS




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